Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Wit Ellen HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:8, starttime: 15:15

Heat: 8/13 Lane : 1 Athlete: CAZACU ANTONIA SABINA — **Q-time: 00:41:77**

PB (25m pool): 00:41.77 EEKLO 04/10/2026 **PB (50m pool):** 00:40.78 **SB:** 00:41.77 EEKLO 04/10/2026

	25 M	50 M	
PB		00:41.77	
		00:41.77	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:12, starttime: 15:20

Heat: 12/13 Lane : 7 Athlete: GOEMINNE ELLEMIEKE — **Q-time: 00:38:43**

PB (25m pool): 00:38.43 Durmehal 27/09/2026 **PB (50m pool):** 00:41.25 **SB:** 00:38.43 Durmehal 27/09/2026

	25 M	50 M	
PB		00:38.43	
		00:38.43	
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Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:10, starttime: 15:30

Heat: 10/16 Lane : 8 Athlete: BOEL LIAM — **Q-time: 00:32:68**

PB (25m pool): 00:31.83 Zwembad De Wauwer 13/09/2026 **PB (50m pool):** no time **SB:** 00:31.83 Zwembad De Wauwer 13/09/2026

	25 M	50 M	
PB		00:31.83	
		00:31.83	
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Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: TSZ

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:6, starttime: 16:40

Heat: 6/12 Lane : 7 Athlete: EL BOUJADDAYNI YAHYA — **Q-time: 01:20:63**

PB (25m pool): 01:18.13 Temse 15/11/2026 **PB (50m pool):** 01:22.53 **SB:** 01:18.13 Temse 15/11/2026

	25 M	50 M	75 M	100 M	
PB		00:36.98		01:18.13	
		00:36.98		*00:41.15*	
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Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:9, starttime: 17:15

Heat: 9/15 Lane : 4 Athlete: GOEMINNE ELLEMIEKE — **Q-time: 01:41:41**

PB (25m pool): 01:41.41 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:45.25 **SB:** 01:41.41 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:47.12		01:41.41	
		00:47.12		*00:54.29*	
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Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:11, starttime: 17:15

Heat: 11/15 Lane : 7 Athlete: CAZACU ANTONIA SABINA — **Q-time: 01:39:10**

PB (25m pool): 01:39.10 LAGO Zwevegem 25/05/2026 **PB (50m pool):** 01:38.88 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.13		01:39.10	
		00:46.13		*00:52.97*	
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Coach feedback: